

Dr André Hedger - Phone/Fax 01372 457959 www.openwide.biz

The Tooth Mask

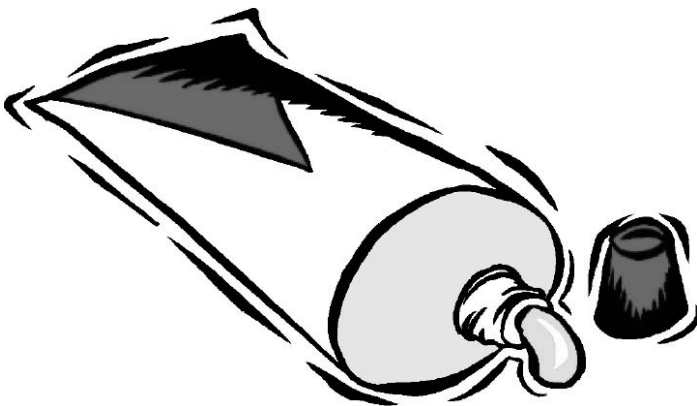


Have you ever wanted a perfect smile with white, even teeth?

Discoloured, chipped, worn and uneven teeth can easily be corrected with VENEERS.

The tooth is shaped and prepared at the first appointment and impressions taken. The technician makes the porcelain veneer to the ideal shape and colour, (it's a bit like a false fingernail but strong and durable). This is bonded onto the tooth at the second visit. Your smile and confidence could be improved in just two weeks.

New Products



Gengigel is an exciting new biological mouth and gum care gel, based on hyaluronic acid providing active protection from gum disease and support for the accelerated natural healing of inflamed and damaged tissues in the mouth.

We have found that when we use Gengigel during surgery that there is no scarring on the incision lines.. **Wow!**

Nutrition

If you have not already taken one of our free nutrition tapes from the waiting room please call in and ask at Reception.

We pride ourselves on being a holistic practice treating our patients as people, not just a set of teeth!

For many years Dr. André Hedger has extensively researched health and nutrition.

The benefits of good nutrition enhance quality of life and increase longevity. He has published papers on the effects of nutrition on arthritis with relation to the jaw joints. (Dietary advice isn't just about cutting out sugars and the prevention of tooth decay). We now carry a wide range of nutritional supplements.



Brushing & Flossing Tips



We all know that sugar is bad for teeth. As sugar is present in so many foods, breakfast, lunch and supper constitute three sugar attacks per day. Try to cut out all the snacks between meals and always floss and brush before breakfast.

Candarel is a good alternative to sugar in tea and coffee (which is the biggest cause of tooth decay.)

New Patients

Thank you to all who have referred new patients to us. We appreciate your confidence in our practice and really value personal recommendations.

If you have any friends who attend a practice without a hygienist, they would be welcome to book with us, to experience the skills of our hygienist as shown overleaf in our Hygienist Menu.